



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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# MARTIAL ARTS CLASSES AT THE Y!

Classes are ongoing for beginners, intermediate and advance students. Uniforms are not required for beginners during the first 8-week session. Moo Duk Kwan Tang Soo Do martial arts is a Korean style of Karate that uses both hands and feet to teach self-defense, discipline and motivation.

**AGES:**

9 and up (Adults welcome)

**BEGINNER/INTERMEDIATE/  
ADVANCE CLASS:**

Tuesday and Thursday 6:00-8:00 p.m.

**REGISTER/INFORMATION:**

Contact Doug Walker  
(269) 217-2394

**COST:**

Free to members

**QUESTIONS:**

Contact Doug Walker  
(269) 217-2394

[dwalker431@yahoo.com](mailto:dwalker431@yahoo.com)

