


25 Yard Pool Schedule: September 1st- October 12th

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Yard Pool is kept at 82 degrees.	8:00am-9:00am (6) Lap Swim	5:30am-9:45am (6) Lap Swim	5:30am-10:00am (6) Lap Swim	5:30am-9:45am (6) Lap Swim	5:30am-10:00am (6) Lap Swim	5:30am-9:00am (6) Lap Swim	8:00am-11:00am (6) Lap Swim
Therapy Pool is kept at 92 degrees.	9:00am-10:00am (6) Lap Swim	9:45am-10:30am (4) Water Aerobics (Ronda) (2) Lap Swim	10:00am-11:00am (2) Family Swim (4) Lap Swim	9:45am-10:30am (4) Water Aerobics (Ronda) (2) Lap Swim	10:00am-11:00am (2) Family Swim (4) Lap Swim	9:00am-9:50am (3) Swim Lessons (3) Lap Swim	11:00am-12:00pm (6) Swim Lessons (0) Lap Swim
The shallow part of the 25 Yard Pool is 3 1/2 ft. deep & deepest part is 10 ft. deep.	10:00am-3:00pm (2) Family Swim (4) Lap Lanes Open deep.	10:30am-4:00pm (6) Lap Swim	11:00am-1:00pm (6) Lap Swim	10:30am-4:00pm (6) Lap Swim	11:00am-4:15pm (6) Lap Swim	9:50am-10:35am (3) Water Aerobics (Ronda) (3) Lap Swim	12:00pm-3:00pm (4) Lap Swim (2) Family Swim
Therapy Pool is 4ft 7in deep all around	THIS SCHEDULE IS SUBJECT TO CHANGE	4:00pm-6:00pm (4) Lap Swim (2) Family Swim	1:00pm-2:00pm (4) Lessons (2) Laps swim	4:00pm-6:00pm (4) Lap Swim (2) Family Swim		4:10pm-4:40pm (3) Deep Water Aerobics (Tammy) (3) Lap Swim	10:35am-4:00pm (6) Lap Swim
Please rinse off before entering pool		6:00pm-6:45pm (6) Swim Lessons	2:00pm-4:10pm (3) Lap Swim	6:00pm-6:45pm (6) Swim Lessons	4:45pm-8:30pm (2) Family Swim (4) Lap Swim		
Lap swimmers are encouraged to check with the lifeguard before beginning their workout. When demands exceed normal capacity, swimmers may be asked to circle swim		6:45pm-8:30pm (4) Lap Swim (2) Family Swim	4:10pm-4:40pm (3) Deep Water Aerobics (Tammy) (3) Lap Swim	6:45pm-8:30pm (4) Lap Swim (2) Family Swim		4:45pm-8:30pm (2) Family Swim (4) Lap Swim	4:00pm-8:30pm (2) Family Swim (4) Lap Swim

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8:00am-12:00pm Family Swim	5:30am-6:15am Adult Swim	5:30am-9:00am Adult Swim	5:30am-6:15am Adult Swim	5:30am-9:00am Adult Swim	5:30am-6:15am Adult Swim	8:00am-9:00am Adult Swim
	6:15am-7:00am Water Aerobics <i>(Cathy)</i>		6:15am-7:00am Water Aerobics <i>(Cathy/Lynn)</i>		6:15am-7:00am Water Aerobics <i>(Cathy)</i>	
	7:00am-7:30am Adult Swim		7:00am-7:30am Adult Swim		7:00am-7:30am Adult Swim	
12:00pm-1:30pm Adult Swim	7:30am-8:15am Water Aerobics <i>(Ronda)</i>	9:00am-11:00am Family Swim	7:30am-8:15am Water Aerobics <i>(Ronda)</i>	9:00am-10:00am Family Swim	7:30am-8:15am Water Aerobics <i>(Ronda)</i>	10:00am-11:00am Swim Lessons
	8:15am-9:00am Adult Swim		8:15am-9:00am Adult Swim		8:15am-9:00am Adult Swim	
	9:00am-9:45am Twinges <i>(Logan)</i>	11:00am-11:45am Twinges <i>(Lifeguard)</i>	9:00am-9:45am Twinges <i>(Logan)</i>	11:00am-11:45am Twinges <i>(Lifeguard)</i>	9:00am-9:45am Twinges <i>(Logan)</i>	12:00pm-1:30pm Adult Swim
1:30pm-3:00pm Family Swim	10:00am-11:00am Family swim	11:45am-2:00pm Adult Swim	10:00am-11:00am Family swim	11:45am-2:00pm Adult Swim	10:00am-11:00am Family swim	1:30pm-3:00pm Family Swim
	11:00am-11:45am Twinges <i>(Logan)</i>	2:00pm-3:30pm Family Swim	11:00am-11:45am Twinges <i>(Lifeguard)</i>	2:00pm-3:30pm Family Swim	11:00am-11:45am Twinges <i>(Lifeguard)</i>	
	11:45am-2:00pm Adult Swim	3:30pm-4:30pm Family Swim	11:45am-2:00pm Adult Swim	3:30pm-4:30pm Family Swim/CIR WA	11:45am-2:00pm Adult Swim	
Children 12 & Under MUST be supervised by an adult at all times	2:00pm-4:30pm Family Swim	4:45pm-5:45pm Water Aerobics <i>(Marigene)</i>	2:00pm-4:30pm Family Swim	4:45pm-5:45pm Water Aerobics <i>(Marigene)</i>	2:00pm-8:00pm Family Swim	
	4:30pm-5:00pm Swim Lessons		4:30pm-5:00pm Swim Lessons			
Children who cannot swim, or are wearing a lifejacket MUST have an adult withing arms reach at all times	5:00pm-5:30pm Adult Swim	6:00pm-6:45pm Water Aerobics <i>(Barb)</i>	5:00pm-5:30pm Adult Swim	6:00pm-6:45pm Water Aerobics <i>(Logan)</i>		
	5:30pm-6:30pm Water Aerobics <i>(Logan)</i>	7:00pm-7:45pm Pre-Natal <i>(Deb)</i>	5:30pm-6:15pm Water Aerobics <i>(Cathy)</i>	7:00pm-7:45pm Pre-Natal <i>(Deb)</i>		
THIS SCHEDULE IS SUBJECT TO CHANGE	6:30pm-7:30pm Swim Lessons	7:45pm-8:30pm Family Swim	6:30pm-7:30pm Swim Lessons	7:45pm-8:30pm Family Swim		
	7:30pm-8:30pm Family Swim		7:30pm-8:30pm Family Swim			