



90TH ANNUAL
goguac lake
SWIM

MICHIGAN'S LONGEST RUNNING LAKE SWIM

The Battle Creek YMCA proudly presents the 89th Goguac Lake Swim which will take place at Goguac Lake (Willard Beach). Participants will swim 1.15 miles or our new 750M short course in open water, with times being recorded for overall and age bracket winners. Proceeds from the event will go to help teach kids to swim in our local YMCA "Begin to Swim Program."

REGISTRATION

- Now through Friday, July 14, 2017 at noon
- You may register the day of the event at Willard Beach (a \$10 late fee will be added)

RACE DAY INFORMATION

- Race begins at Willard Beach (a public park) on the south side of Battle Creek
- Free parking is available
- Check-in begins at 7:00 a.m.
- Event participants are required to attend a mandatory pre-race meeting at 7:45 a.m. on race day.
- 200-yard short course event begins at 8:00 a.m.
- 750M and 1.15 mile to follow respectively

1.15 MILE COURSE

The 1.15 mile swim race begins around 8:30 a.m. Participants in this event are required to attend a mandatory pre-race meeting at 7:45 a.m. on race day. (No wetsuits or bodysuits allowed.)

750M COURSE

The 750M course swim race begins around 8:30 a.m. Participants in this event are required to attend a mandatory pre-race meeting at 7:45 a.m. on race day. (No wetsuits or bodysuits allowed.)

200-YARD SHORT COURSE (for kids 16 & under) Participants may opt to swim the shorter beginner course (200 yards) to get a feel for open water. This races begins at 8:00 a.m. Awards in this event are for children 16 years and under only.

1.15 Mile Swim: \$40

750M Swim: \$30

200 Yard Kids Short Course (16 years & under): \$15

Family Y Center of Battle Creek – Goguac Lake Swim: July 15, 2017

Register in person or by mail with cash, check or credit card. Participants must pay at the time of registration. Please include this form.

Name of Entrant _____

Address _____

City _____ State _____ ZIP _____ Phone (____) _____

E-mail _____ Age _____ Date of Birth ____/____/____ Sex: M F

Last day to receive registrations at the YMCA is 7/14/17 at noon. You may register day of the event at lake. Late registration (after 7/14/17): Add \$10

Age Group:	Adults	13-18 yrs	12 yrs & under
Long Course:	\$40	\$40	\$15
750M Short Course:	\$30	\$30	\$15
200Y Kids Swim:			\$15

NOTE: There is a mandatory pre-race meeting at 7:45 a.m. on race day for all long course participants. No wetsuits or bodysuits allowed.

In consideration of your accepting this entry form, I hereby for myself, my heirs, my executors and administrators waive and release all rights and claims for any damages I may have against the Battle Creek Family YMCA the sponsors of this event, it's agents, representatives, successors and assigns for any and all injuries suffered by me at said Marathon or which may arise out of traveling to, participating in and returning to these events.

Athlete's Signature _____
 Under 18 years, parent must sign consent form.

FOR STAFF USE: Official # _____
 Name _____
 Phone (____) _____