



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM FOR LIFE

Swim Lessons at the YMCA

Swim lessons at the YMCA are a great way to get comfortable in the water and develop your skills. Lessons cover the basics of floating, stroke technique, water safety and boat safety. All ages are welcome; 6 months to adults!

Ages

6 months to Adults

Dates

Winter Session – January 6- February 15 (6 weeks)
Once per week; Monday, Wednesday or Saturday

Times

See back for registration form

Where

YMCA Pools

Cost

Members - \$24

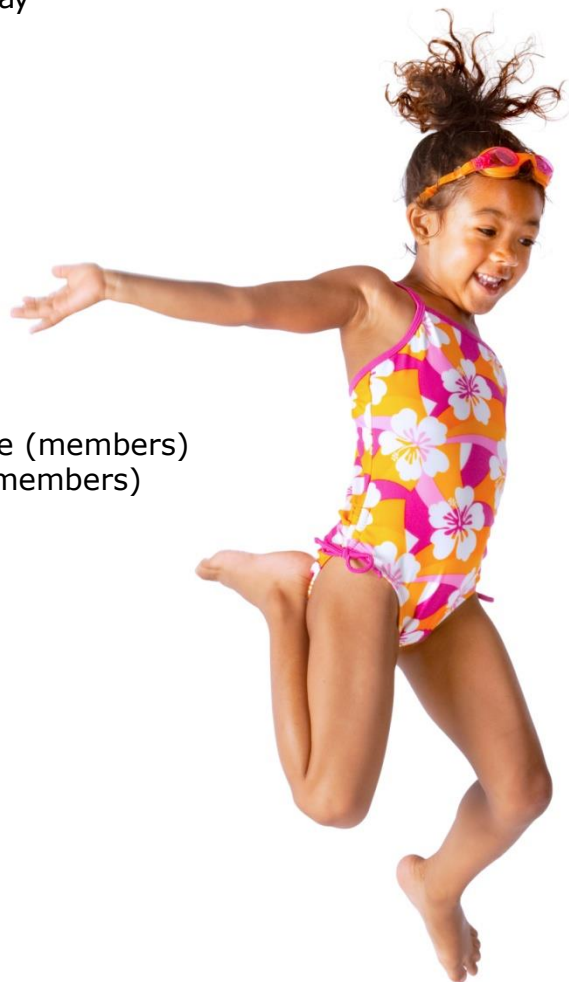
Non Members - \$48

*NEW - Sign up 2 or more children
and receive \$4 off each registration fee (members)
and \$8 off each registration fee (non-members)

Payments can be made at the
Welcome Center Desk, by phone
Or by mailing in the registration form

Contact

Kimberly Akins, ext. 126



BATTLE CREEK FAMILY YMCA

P 269 963 9622

www.ymcabattlecreek.org

Facebook: [Battle Creek Family YMCA](#)



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Parent & Child Classes (6 months to 3 years)

Shrimp/Kipper

Parent & child work together in this water adjustment class. Meets in the warm water of the Therapy pool. Teaches parents how to keep children safe in the water and children to be safe & enjoy the water

Preschool Classes (3 to 5 years old)

Pike: non-swimmer

Eel: water adjusted beginner

Ray: beginning to swim

Starfish: swimmer

Jan 6 – Feb 15 (6 Weeks)

Youth Class Times (6 to 12 years old)

Polliwog: beginner

Guppy: able to swim pool length on front and back

Minnow: able to swim 2 lengths of pool

Fish: breaststroke is introduced, stroke development

Flying Fish: works on butterfly, sports, games and endurance

Shark: side stroke, all strokes perfected

Porpoise: Advanced skills, swim team prep

Swim Lesson Cost:

\$24 Members

\$20 members with 2 or more sign-ups at one time

\$48 Non-Members

\$40 Non-Members with 2 or more sign-ups and one time

Teen Swim Lessons (13 to 19 years old)

Never too late to learn to swim! Beginner, intermediate and stroke development

Adult Swim Lessons (20 + years)

Small classes, for adults only. All skill levels taught. Small group setting



NAME: _____ PARENT NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ **M / F**

PHONE NUMBER: _____ DATE OF BIRTH: _____ AGE: _____

PARENT SIGNATURE: _____

CLASS TIMES:	MONDAY	WEDNESDAY	SATURDAY
SHRIMP KIPPER	6:30-7:00PM		10:30-11:00AM
PIKE/EEL	10:30-11:00AM	10:30-11:00AM	10:00-10:30AM
	4:50-5:20PM	4:50-5:20PM	
	7:00-7:30PM	7:00-7:30PM	
RAY/STARFISH	10:30-11:00AM	10:30-11:00AM	10:00-10:30AM
	4:50-5:20PM	4:50-5:20PM	
	7:00-7:30PM	7:00-7:30PM	
POLLIWOG	4:00-4:45PM	4:00-4:45PM	11:00-11:45AM
	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
GUPPY	4:00-4:45PM	4:00-4:45PM	11:00-11:45AM
	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
MINNOW	4:00-4:45PM	4:00-4:45PM	11:00-11:45AM
	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
FISH	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
FLYING FISH	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
SHARK	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
PORPOISE	6:00-6:45PM	6:00-6:45PM	11:00-11:45AM
TEEN		6:00-6:45PM	
ADULT	6:30-7:00PM	6:30-7:00PM	



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**